

The 2017 Dirty Dozen & Clean 15

EWG's Dirty Dozen

- 1 Strawberries
- 2 Spinach
- 3 Nectarines
- 4 Apples
- 5 Peaches
- 6 Pears
- 7 Cherries
- 8 Grapes
- 9 Celery
- 10 Tomatoes
- 11 Sweet Bell Peppers
- 12 Potatoes

EWG's Clean 15

The Clean 15 list includes produce that is least likely to be contaminated by pesticides.

- 1 Sweet corn
- 2 Avocados
- 3 Pineapples

- 4 Cabbage
- 5 Onions
- 6 Frozen Sweet Peas
- 7 Papayas
- 8 Asparagus
- 9 Mangos
- 10 Eggplant
- 11 Honeydew
- 12 Kiwi
- 13 Cantaloupe
- 14 Cauliflower
- 15 Grapefruit

Key Findings of the 2017 Dirty Dozen Report

- More than 98 percent of samples of strawberries, spinach, peaches, nectarines, cherries and apples tested positive for residue of at least one pesticide.
- A single sample of strawberries showed 20 different pesticides.

- Spinach samples had, on average, twice as much pesticide residue by weight than any other crop.
- Avocados and sweet corn were the cleanest: only 1 percent of samples showed any detectable pesticides.
- More than 80 percent of pineapples, papayas, asparagus, onions and cabbage had no pesticide residues. (Note: Some papayas are GMOs. Choose organic to avoid that.)
- No single fruit sample from the Clean Fifteen tested positive for more than four types of pesticides.