

Surprising Places Triclosan Hides

Does your yoga mat, underwear or cutting board contain triclosan?

Triclosan is an antimicrobial recently banned by Minnesota and under scrutiny by the [FDA](#) for altering hormone regulation and fostering the development of antibiotic-resistant bacteria. It's found in about 75% of liquid antibacterial soaps and 30% of soap bars.

Some manufacturers either bury the chemical in fine print on labels, or don't list it at all, hiding triclosan in with other "anti-microbial" compounds including:

- Microban
- Cloxifenolum
- Lexol-300
- Additive B
- Irgasan (DP 300 or PG 60)
- Ster-Zac.

Here are products that could contain the chemical, according to [Beyond Pesticides](#). Make sure you check labels before buying.

- Yoga mats
- Liquid and bar soap
- Toothpaste, mouthwash, toothbrushes
- Lip gloss, foundation, mascara, moisturizers
- Cutting boards
- Ice cream scoops
- Deodorants
- Antiseptics, sunburn aids, medicated sprays
- Acne medications
- Socks and underwear
- Pencils, binders and scissors with Microban protection
- Humidifiers
- Ear plugs
- Sports helmets
- Wallpaper
- Paint
- Paper towels