

## **EWG 2017 Dirty Dozen/Clean 15**

#1 Strawberry (dirtiest...avoid non-organic!)

#2 Spinach

#3 Apple

#4 Tomato

#5 Potato

#6 Mushroom (cleaner)

#7 Grapefruit

#8 Asparagus

#9 Onion

#10 Avocado (cleanest, with least pesticide residue)